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Disuguaglianze in Medicina e Oncologia

Organizzazione, risorse e qualità nella strategia INT 2 e 3 marzo 2018 Villa Gallarati Scotti, Oreno di Vimercate

ABSOLUTE INEQUALITIES IN CANCER MORTALITY, men, ca. 2010

All cancer, men



ABSOLUTE INEQUALITIES IN CANCER MORTALITY, women, ca. 2010

All cancer, women





All Cancers Combined Excluding Non-Melanoma Skin Cancer (C00-C97 Excl. C44), European Age-Standardised Mortality Rates by Deprivation Quintile, England, 2007-2011. Source CRUK



H2020 Lifepath - The life-trajectory model of ageing implies a «build-up» phase and a «decline» phase



Lifepath: Mortality or functional outcomes

All estimates are adjusted by 25x25 risk factors for noncommunicable diseases (obesity, hypertension, smoking, diabetes, physical inactivity, alcohol intake).

Effect of SEP on long-term outcomes: Years lost (of life or function)

Low SEP vs High SEP

Mortality	2.6 men, 1.5 women	(Stringhini et al, Lancet 2017)
Walking speed	6.6 men, 4.6 women	(Carmeli et al, BMJ accepted)

Risk Factor and Outcome	I.	Minimally Adjusted HR [95% Cl]	Mutually Adjusted HR [95% Cl]
Low SES (Ref. High) All-cause CVD Cancer Other	***	1·46 [1·39; 1·53] 1·52 [1·37; 1·67] 1·43 [1·34; 1·52] 1·45 [1·35; 1·56]	1·26 [1·21; 1·32] 1·29 [1·16; 1·43] 1·26 [1·19; 1·34] 1·25 [1·17; 1·33]
Current Smoking (Ref. Never) All-cause CVD Cancer Other		2·27 [2·14; 2·39] 2·19 [1·98; 2·42] 2·64 [2·40; 2·91] 2·05 [1·91; 2·20]	2·21 [2·10; 2·33] 2·21 [2·00; 2·44] 2·52 [2·32; 2·74] 1·99 [1·85; 2·14]
Diabetes All-cause CVD Cancer Other		1·87 [1·72; 2·03] 2·18 [1·86; 2·55] 1·21 [1·06; 1·38] 2·21 [2·01; 2·42]	1·73 [1·60; 1·88] 1·92 [1·64; 2·27] 1·18 [1·04; 1·34] 2·08 [1·91; 2·26]
Physical Inactivity All-cause CVD Cancer Other		1·43 [1·34; 1·53] 1·54 [1·43; 1·65] 1·25 [1·15; 1·36] 1·50 [1·37; 1·64]	1·28 [1·19; 1·37] 1·35 [1·25; 1·46] 1·14 [1·06; 1·23] 1·34 [1·22; 1·47]
High Alcohol Intake (Ref. Moderate) All-cause CVD Cancer Other	-#- -#- -#-	1·64 [1·44; 1·87] 1·45 [1·26; 1·66] 1·70 [1·44; 1·99] 1·76 [1·52; 2·03]	1·36 [1·23; 1·51] 1·19 [1·08; 1·32] 1·38 [1·21; 1·56] 1·46 [1·30; 1·65]
Hypertension All-cause CVD Cancer Other		1·38 [1·30; 1·46] 1·83 [1·66; 2·03] 1·08 [0·98; 1·18] 1·38 [1·28; 1·47]	1·31 [1·24; 1·38] 1·69 [1·53; 1·88] 1·07 [0·99; 1·16] 1·29 [1·21; 1·38]
Obesity (Ref. Normal BMI) All-cause CVD Cancer Other		1·18 [1·09; 1·27] 1·46 [1·28; 1·66] 1·01 [0·92; 1·10] 1·17 [1·08; 1·26]	1·05 [0·97; 1·14] 1·22 [1·06; 1·40] 1·02 [0·94; 1·11] 1·01 [0·92; 1·10]
0.5 1	·0 1·5 2·0 2·5 3·0		

Minimally Adjusted Hazard Ratio

Stringhini et al, Lancet 2017 Mar 25;389(10075):1229-1237

Impact of SEP on blood markers. OR=odds ratio

	Low SEP	High SEP
Inflammatory transcriptome score,	, OR (a, b)(Castagne e	et al, 2016)
EGM dataset	3.16 (p=0.04)	1.0 (ref)
<u>GSE15180</u> dataset	3.00 (p=04)	1.0 (ref)

Methylation age accele	eration (yrs)
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(Fiorito et al, 2017) 0.99 ref

(a) father's occupational position, based on logarithm of beta coefficient, fully adjusted model (b) in two different cohorts

Impact of SEP on EBV infection.	Odds ratio	for bei	ng infected	at three y	years old and
95% Cl. (Gares et al, 2017)					
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	Low SEP	High SEP
Social class V vs I	1·24 (1·02–1·50)	1.0 (ref)

Epigenetics: biological clocks in Lifepath

- Horvath developed the DNA methylation clock to predict age with high accuracy using 353 CpG sites
- From this Age Acceleration may be derived as a discrepancy between methylation age and chronological age

Association of SES with age acceleration (AA)







- Around half of cancers could be prevented by applying the knowledge we have;
- The majority of cancers have a lifestyle or environmental cause, so the potential for prevention is much higher

Vineis P and Wild CP (2014) The Lancet, 383: 549-557

Bray F, Jemal A, Torre LA, Forman D, Vineis P. J Natl Cancer Inst. 2015 Sep 30;107(12):djv273



HEALTH CARE EXPENDITURE AND CANCER MORTALITY, men, ca. 1980-2010

Cancer mortality (deaths per Low • Mid • High Heath care expenditure (%GDP)

Health care expenditure vs. cancer mortality, men



In the United States, cancer survival is lower for those without insurance compared with those with private insurance (from Cancer Atlas, American Cancer Society, Atlanta, GA, 2014)



Higher income inequality associated with lower intergenerational mobility



From Lifepath research (courtesy J Mackenbach)

Faster relative decline of cancer mortality among the high educated illustrates their greater capacity to benefit from advances in prevention and treatment

Widening relative inequalities in cancer may be a largely inevitable byproduct of mortality decline – policymakers should target absolute inequalities

Entry-points for intervention include poverty, smoking and health care access, but population level effects require large scale efforts

Cancer mortality is increasingly important as a component of health inequality, and cancer prevention and treatment policies should have a stronger equity focus

Thank you