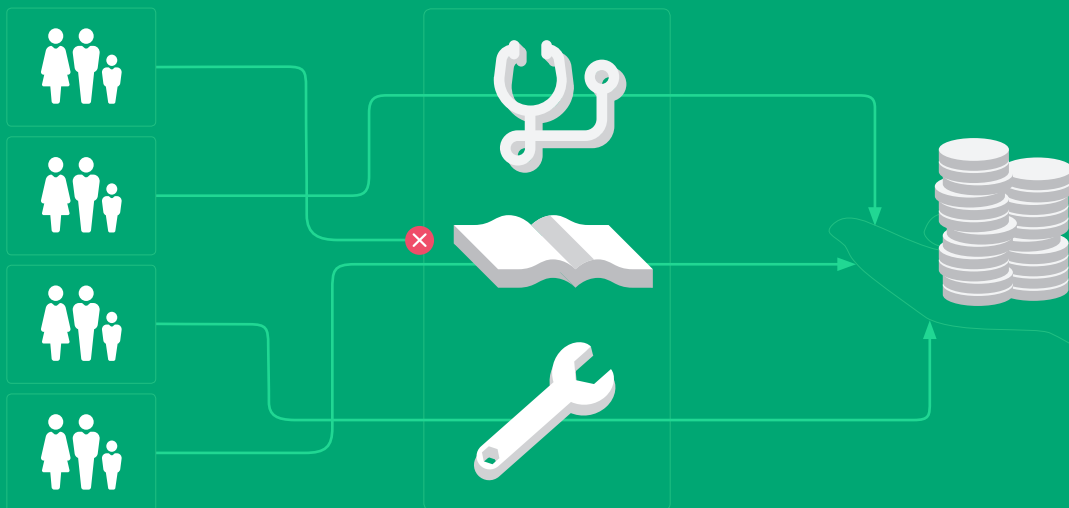


# Cash transfer is good for your health

Conditional cash transfer (CCT) programmes are usually targeted towards the poor.

They provide cash benefits to families on the condition that they engage in activities that generate long-term benefits in the areas of **children's education, preventive health care, and employment.**

The overarching idea is that such incentives will break the intergenerational cycle of poverty and generate individual as well as societal benefits.



CCT programmes have been implemented in several low- and middle- income countries, especially in Latin America, Africa and South-East Asia. They improved:

- recourse to health facilities
- prenatal care
- paediatric examinations
- developmental, nutritional, and cognitive measures among children

**cash transfer programmes**

**57**

**countries**

**31**

**studies**

**169**









# Family Rewards







First conditional cash transfer for low-income families in the United States:


- It operated from **2007** to **2010**
- **4,749** families involved (**2,377** treated and **2,372** control)
- **\$20.6 million** in cash transfers distributed to participating families


Parameters evaluated:

- Healthcare use
- Physical health (self-reported, no clinical examination)
- Hope and mental health/ psychological distress
- Perceived financial well-being

Results adults (18 months)	Variation (%)
Three rounds of survey data on demographic, socioeconomic,	+1 
Probability of having seen their doctor	+3.9 
Probability of being treated for any medical condition	+4.2 
Probability of having used the emergency department as their usual source of care	-1.7 
Probability of having forgone medical care due to costs	-2.9 
Probability of having had at least two dental check-ups	+11.6 

Results adults (42 months)	Variation (%)
Probability of being covered by health insurance	+2.2 
Probability of being treated for any medical condition	+4.2 
Probability of having used the emergency department as their usual source of care	-1.7 
Probability of having forgone medical care due to costs	-3 
Probability of having had at least two dental check-ups	-13 
Self-perceived hope	+0.51 

Results children (18 months)	Variation (%)
Probability of having had at least two dental check-ups	+11.8 

Results children (42 months)	Variation (%)
Probability of having had at least two dental check-ups	+14.6 

## Contacts



Email: <http://www.lifepathproject.eu/contact>  
 Website: <http://www.lifepathproject.eu/>  
 Twitter: [https://twitter.com/lifepath\\_eu](https://twitter.com/lifepath_eu)



**Lifepath** has received funding from the European Union's Horizon 2020 Research and Innovation Programme under the Grant Agreement No. 633666